Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Journal Entries Chapter 5: Planning Your Career and Education**

1. Describe your generation (Baby Boomer, Generation X, New Millennial, Generation Z, or Generation Alpha). What are your best qualities and challenges?
2. Do a quick review of the career trends for 2019-2029. List three trends that could affect your future.

a.

b.

c.

Go to the US Bureau of Labor Statistics site at <https://www.bls.gov/> and search for any career you may be considering. Briefly list two interesting or helpful ideas you found at this site:

d.

e.

1. Look at the results of your TruTalent Skills Assessment. List your top five skills, along with a brief definition of each area.
2. Go to the Occupational Outlook Handbook at <http://www.bls.gov/ooh/>. Choose one career and write a one-sentence description of the career, list the median salary, and report on the job outlook.
3. At times in life, you may face a crisis or setback which causes an unexpected change in plans. If you think positively about the situation, you can think of some new opportunities for the future. The situation is called a dangerous opportunity. Describe a dangerous opportunity you have faced in your life. What were the dangers and what opportunities did you find?